

Adult Tennis Courses

Ref. No

Improver Plus 12 weeks
Monday 12-30pm to 1-30pm (indoor)
Dates: Sept 13,20,27; Oct 4,11,18; Nov 1,8,15,22,29; Dec 6;
Cost: £60 –00 – members of WBTC £70 –00 – non members

A1

Improver 12 weeks
Monday 1-30pm to 2-30pm (indoor)
Dates: Sept 13,20,27; Oct 4,11,18; Nov 1,8,15,22,29; Dec 6;
Cost: £60 - 00 – members of WBTC £70 –00 – non members

A2

Beginner 10 weeks
Thursday 2-00pm to 3-00pm (indoor)
Dates: Sept 16,23,30; Oct 14,21; Nov 4,18,25; Dec 2,9;
Cost: £50–00 – members of WBTC £60–00 – non members

A3

Improver 12 weeks
Wednesday 6-30pm to 7-30pm (outdoor)
Dates: Sept 15,22,29; Oct 6,13,20; Nov 3,10,17,24; Dec 1,8;
Cost: £54-00 – members of WBTC £64-00 – non members

A4

Beginner 12 weeks
Wednesday 7-30pm to 8-30pm (outdoor)
Dates: Sept 15,22,29; Oct 6,13,20; Nov 3,10,17,24; Dec 1,8;
Cost: £54-00 – members of WBTC £64-00 – non member

A5

Advanced Improver 12 weeks
Thursday 6-30pm to 7-30pm (outdoor)
Dates: Sept 16,23,30; Oct 7,14,21; Nov 4,11,18,25; Dec 2,9;
Cost: £54-00 – members of WBTC £64-00 – non members

A6

Improver 12 weeks
Thursday 7-30pm to 8-30pm (outdoor)
Dates: Sept 16,23,30; Oct 7,14,21; Nov 4,11,18,25; Dec 2,9;
Cost: £54-00 – members of WBTC £64-00 – non members

A7

Cardio Tennis Pay & Play
Thursday 9-30am to 11-00am (outdoor)
Every week—bookable at reception
Cost: £5-50 – members of WBTC if booked in advance or £6-50 pay on day
Cost: £6-50—non members if booked in advance or £7-50 pay on day

Course Details

- * All courses run for 12 weeks unless stated otherwise.
- * All courses are taken by LTA qualified coaches.
- * Payment for each course MUST be made prior to the start of the course. Courses book up quickly so fill in your application form, with payment, to guarantee a place.
- * Junior courses are only for members of West Bridgford Tennis Club.
- * Adult courses are open to non-members.
- * In the case of inclement weather, NO Junior lessons will be cancelled. A suitable tennis related activity will be held instead. If an adult lesson has to be cancelled, then an extra lesson will be added at the end of the course.
- * If you are not sure which course would be most suitable for you, then see Lesley Whitehead.
- * Course prices include indoor court hire if applicable.



West Bridgford Tennis Club

Autumn Tennis Coaching Programme

For Mini Tennis Red & Orange Courses &
Under 5's co-ordination classes see
Notts Mini Tennis Club Programme

**Starts week beginning
Saturday 11th September**



Little Bounds
off Wilford Lane
West Bridgford
Nottingham
NG2 7QA
Tel: 0115 9811699

TENNIS COACHING PROGRAMME

Course Application Form

Please complete this application form in block capitals and return it as soon as possible to:-

Lesley Whitehead, Tennis Manager, West Bridgford Tennis Club, Little Bounds, Off Wilford Lane,
West Bridgford, Nottingham, NG2 7QA. Tel: 0115 9811699.

Junior courses are only for members of West Bridgford Tennis Club. Those attending Green/Beginner courses must be junior members of the club. Adult courses are open to non-members.

Special Offer: If two children from the same family attend courses, (not Performance or Team Perf) we offer a 20% reduction on the lowest priced course fee

Name:

Address:

..... Post code:

Tel.No:Mobile:

D.O.B (juniors):Age:

Course Applying For:

Is this the same course as last term? Yes / No

Are you applying for a transfer to another course? Yes / No

Payment may be made by cash, debit card or cheque (made payable to WBTC).
Please note, payment must be made in full with this application form.

Do you suffer from any medical condition which the coach should be aware of?

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In the event of an absent parent/guardian, a parent/guardian signature on this application form will authorise such emergency medical treatment as may be recommended by an approved medical authority.

Do you consent to your child being videoed as a teaching aid and possibly photographed for publicity purposes? Yes / No (please circle)

Signature:

West Bridgford Tennis Club facilities include:

- * 3 indoor courts, 3 floodlit acrylic courts and 3 floodlit artificial grass courts.
- * Two-storey pavilion with reception, lounge, dining area, licensed bar and catering.
- * Games & meeting room.
- * Gymnasium, sauna & steam room.
- * Changing rooms with showers.
- * Sun & barbecue terrace.

The club has a lift to all floors, wheelchair access to courts and pavilion and on site parking.

Visit our web site on www.west-bridgford-tennis-club.co.uk

Junior Tennis Courses

Ref. No.

Refer to course details on back page.

Green/Beginner Level 3 10-11 yrs – 12 weeks

Tuesday 4-30pm to 5-30pm (outdoor)
Dates: Sept 14,21,28; Oct 5,12,19; Nov 2,9,16,23,30; Dec 7;

G1

Green/Beginner Level 2 10-11 yrs – 12 weeks

Tuesday 5-30pm to 6-30pm (outdoor)
Dates: Sept 14,21,28; Oct 5,12,19; Nov 2,9,16,23,30; Dec 7;

G2

Green/Beginner Level 3 10-11 yrs – 13 weeks

Saturday 11-00am to 12-00pm (outdoor)
Dates: Sept 11,18,25; Oct 2,9,16,30; Nov 6,13,20,27; Dec 4,11;

G3

Green/Beginner Level 2 10-11 yrs – 13 weeks

Saturday 12-00pm to 1-00pm (outdoor)
Dates: Sept 11,18,25; Oct 2,9,16,30; Nov 6,13,20,27; Dec 4,11;

G4

Green/Beginner Level 2 10-11 yrs – 12 weeks

Monday 4-30pm to 5-30pm (outdoor)
Dates: Sept 13,20,27; Oct 4,11,18; Nov 1,8,15,22,29; Dec 6;

G5

Beginner Tennis 11—13 yrs—12 weeks

Sunday 10-00am to 11-00am (outdoor)
Dates: Sept 12,19,26; Oct 3,10,17,31; Nov 7,14,21,28; Dec 5,12;

J1

Beginner/Improver 13+ yrs—12 weeks

Wednesday 4-30pm to 5-30pm (outdoor)
Dates: Sept 15,22,29; Oct 6,13,20; Nov 3,10,17,24; Dec 1,8;

J2

Improver 11—15 yrs – 12 weeks

Monday 4.30 pm – 5.30 pm (outdoor)
Dates: Sept 13,20,27; Oct 4,11,18; Nov 1,8,15,22,29; Dec 6;

J3

Improver Plus 11—15 yrs – 12 weeks

Wednesday 4.30 pm – 5.30 pm (outdoor)
Dates: Sept 15,22,29; Oct 6,13,20; Nov 3,10,17,24; Dec 1,8;

J4

Advanced Improver 11 – 15 yrs – 12 weeks

Thursday 5-30pm to 6-30pm. (outdoor)
Dates: Sept 16,23,30; Oct 7,14,21; Nov 4,11,18,25; Dec 2,9;

J5

Match Teenage Squad – 12 weeks

Wednesday 5-30pm to 6-30pm. (outdoor)
Dates: Sept 15,22,29; Oct 6,13,20; Nov 3,10,17,24; Dec 1,8;

J6

Cost: £51-60 for 12 weeks except G3 & G4 which are £55-90 for 13 weeks

Priority Re-Booking Period

Players currently on the coaching programme have priority to rebook before we offer places to reserves. During the priority rebooking period you can either book your child back in to the same class they are currently in or you can apply for them to transfer into a new class level / day / time. The transfer applications will be processed collectively at the end of the priority booking period. No places can be reserved without completed paperwork and payment. After this date spare places will be allocated to reserves.

Priority Rebooking period—Forms to be in with payment by Sunday 11th July

Those applying to transfer will be notified week beginning Monday 12th July