

## Course Details

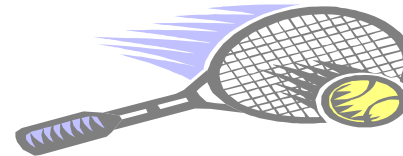
- All adult courses run for 11 weeks, unless stated otherwise.
- All courses are taken by LTA qualified coaches.
- Payment for each course MUST be made prior to the start of the course. Courses book up quickly so fill in your application form, with payment, to guarantee a place.
- Adult courses are open to non-members. No refunds will be given unless the place can be resold.
- If an adult lesson has to be cancelled, then an extra lesson will be added at the end on the reserve days of your course.
- If you are not sure which course would be most suitable for you, then see Lesley Whitehead.
- Course prices include indoor court hire if applicable.



# West Bridgford Tennis Club

## Spring Adult Tennis Coaching Programme

**Starts week beginning  
Saturday 7th January**



Little Bounds  
off Wilford Lane  
West Bridgford  
Nottingham  
NG2 7QA  
Tel: 0115 9811699

# ADULT TENNIS COACHING PROGRAMME

## Course Application Form

Please complete this application form in block capitals and return it as soon as possible to:-  
Lesley Whitehead, Tennis Manager, West Bridgford Tennis Club, Little Bounds, Off Wilford Lane,  
West Bridgford, Nottingham, NG2 7QA. Tel: 0115 9811699.

Adult courses are open to non-members.

Name: .....

Address: .....

..... Post Code: .....

Tel.No: .....Mobile:

Course Applying For: .....

Is this the same course as last term? Yes / No

Are you applying for a transfer to another course? Yes / No

Payment may be made by cash, debit card or cheque (made payable to WBTC).

Please note, payment must be made in full with this application form.

Do you suffer from any medical condition which the coach should be aware of?

.....

Signature: .....

### **West Bridgford Tennis Club facilities include:**

- \* 3 indoor courts, 3 floodlit acrylic courts and 3 floodlit artificial grass courts.
- \* Two-storey pavilion with reception, lounge, dining area, licensed bar and catering.
- \* Games & meeting room.
- \* Gymnasium, sauna & steam room.
- \* Changing rooms with showers.
- \* Sun & barbeque terrace.
- \*

The club has a lift to all floors, wheelchair access to courts and pavilion and on site parking.

Visit our web site on [www.west-bridgford-tennis-club.co.uk](http://www.west-bridgford-tennis-club.co.uk)

## **Adult Tennis Courses**

**Ref. No**

<b><u>Beginner</u></b>	<b>9 weeks</b>	
Wednesday 7-30pm to 8-30pm (outdoor)		<b>A1</b>
Dates: Jan 11, 18, 25; Feb 1, 8, 22, 29; Mar 7, 14; Reserve Dates Mar 21, 28;		
Cost: £40-50 – members of WBTC £50-50 – non members		
<b><u>Improver</u></b>	<b>11 weeks</b>	
Monday 1-30pm to 2-30pm (indoor)		<b>A2</b>
Dates: Jan 9, 16, 23, 30; Feb 6, 20, 27; Mar 5, 12, 19, 26;		
Cost: £55-00 — members of WBTC £65-00 — non members		
<b><u>Improver</u></b>	<b>9 weeks</b>	
Wednesday 6-30pm to 7-30pm (outdoor)		<b>A3</b>
Dates: Jan 11, 18, 25; Feb 1, 8, 22, 29; Mar 7, 14; Reserve Dates Mar 21, 28;		
Cost: £40-50 – members of WBTC £50-50 – non members		
<b><u>Improver</u></b>	<b>9 weeks</b>	
Thursday 7-30pm to 8-30pm (outdoor)		<b>A4</b>
Dates: Jan 12, 19, 26; Feb 2, 9, 23; Mar 1, 8, 15; Reserve Dates Mar 22, 29;		
Cost: £40-50 – members of WBTC £50-50 – non members		
<b><u>Improver Plus</u></b>	<b>11 weeks</b>	
Monday 12-30pm to 1-30pm (indoor)		<b>A5</b>
Dates: Jan 9, 16, 23, 30; Feb 6, 20, 27; Mar 5, 12, 19, 26;		
Cost: £55-00 – members of WBTC £65-00 – non members		
<b><u>Advanced Improver</u></b>	<b>9 weeks</b>	
Thursday 6-30pm to 7-30pm (outdoor)		<b>A6</b>
Dates: Jan 12, 19, 26; Feb 2, 9, 23; Mar 1, 8, 15; Reserve Dates Mar 22, 29;		
Cost: £40-50 – members of WBTC £50-50 – non members		
<b><u>Supervised Match Play</u></b>		
Wednesday 11-30am to 1-00pm (indoor)		
Every week—bookable in advance at reception		
Cost: £8-00 — members of WBTC — £10-00 non members		
<b><u>Cardio Tennis</u></b>		
Thursday 11-00am to 12-30pm (indoor)		
Every week—bookable in advance at reception		
Cost: £8-00 — members of WBTC — £10-00 non members		

### **Priority Rebooking Period**

Players currently on the coaching programme have priority to rebook before we offer places to reserves. During the priority rebooking period you can either book yourself back in to the same class you are currently on or you can apply to transfer into a new class level / day / time. The transfer applications will be processed collectively at the end of the priority booking period. No places can be reserved without completed paperwork and payment. After this date spare places will be allocated to reserves.

**Priority Rebooking period—Forms to be in with payment by Sunday 27th November**

Those applying to transfer will be notified after Monday 28th November